

The Most Outstanding PolyU Student 2019

Outstanding Student, Faculty of Construction and Environment 2019

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It is my great honour to be named the Most Outstanding PolyU Student 2019 and the Outstanding Student of the Faculty of Construction and Environment (FCE). It would be my pleasure to share my learning experience at PolyU through this article. First of all, I would like to take this opportunity to express my sincere appreciation to those who have supported me throughout the years.

In my first year, I joined the PolyU Mental Health Ambassador Programme which eventually became one of the most valuable experiences for me. In the mental health first-aid course, I was astonished to find the increasing number of people suffering from mental health issues yet still unaware of the danger behind. I was, at the same time, amazed by the power of counselling and remedial actions that any ordinary people like me could offer to the patients before the situation became irreversible. Personally, I found the course very relatable to my life. I began to realize the importance of maintaining work-life balance especially when I was working under pressure and became aware of my mental well-being.

As one of the 20 delegates from PolyU, I was so fortunate to be given the opportunity to join the 8th University Scholars Leadership Symposium, held by the United Nations in my Year 1 Summer. The symposium focused on sharing and discussions by world-leading figures and entrepreneurs on a wide variety of topics. At the East Asia Headquarter of United Nations, I led a short discussion and shared some of my views on humanitarian issues such as poverty and human trafficking with other delegates. The symposium allowed me to develop a more dynamic mindset to think from multiple perspectives and gained a more comprehensive global view towards different issues, which I believe are essential components that every leader should possess.

Being selected as one of the recipients of The D. H. Chen Foundation Scholarship, I became more conscious about my goals and vision. My mentor, Mr. Paul Lam generously shared his life stories and invaluable views with me and fellow mentees despite of his tight schedule, where we were often inspired and gained new insights. Through the scholars' network, I met many talented and like-minded scholars who were passionate about bringing positive changes to our society and serving the community. In the past summer, I was offered the chance by the Foundation to volunteer and contribute in an Impact Research project at Time Auction. It was a particularly unique experience for me as I had the opportunity to interview active participants of Time Auction who were founders of startups and entrepreneurs. Personally, I was so impressed by social aspirations and leadership qualities that I spotted in these leaders. It became clear to me that they were the kind of role models I wanted to be one day. Together, we will be able to shape a better world.



Having my academic exchange in the University of Manchester in Year 3 marked a significant milestone in my life journey. I became immensely indulged into the football culture and the wonders of nature. I gained new global perspectives in culture, religious beliefs, politics through making friends from different countries, universities and disciplines. In that semester, my horizon and global vision was broadened to a new level through international exposure.



Being one of the organizing committee members of the Engineers Without Border, I went to Myanmar with other pro-bono engineers and a group of 15 engineering students for a service trip. Through getting in touch with the locals, I was upset to learn about their stories yet at the same time felt so blessed for what I have. The issues that kept bothering me seemed nothing when compared to those faced by people who struggled to earn a living, to receive education and to drink a sip of clean water. On the other hand, I felt particularly rewarding that I was able to apply the engineering sense and design skills cultivated from the education and training I received in PolyU in the Global Community Project. The experience equipped me with the confidence and attributes to work as a mature, responsible and independent individual as well as a team player.



Looking back, it has been an amazing journey. I would like to express my heartfelt gratitude to all the people, particularly my family, friends, mentors and teachers who have supported me along the way in face of all ups and downs. I am tremendously grateful to have you, who accompany me through the dark times, to celebrate this moment with me. Because of you, my life is sprinkled with layers of fairy dust and it was wonderful.